# **Medical Advocacy**

Medical Advocacy is a new approach to maneuvering through the healthcare system. It offers strategies to promote employee health, productivity, and well-being by serving patient populations throughout the entire lifespan and by addressing health problems in every category of disease classification and in all disease stages.

# What Situations Can Benefit From Medical Advocacy Services?

Not all medical advocacy cases are "typical" medical issues. For example, we've received calls from parents of children with disabilities. Common issues included parents being overwhelmed with the daily needs of their child and the tasks of managing the care and supports that were needed. The parents were missing work in order to get their children to day programming as well as other needs of the child handled.

These situations are not at all unusual for those who are the caregiver of a family member with disabilities. It is not something that any person can plan or train for in advance. Parents with children with disabilities have days that are more than overwhelming, and that certainly has an impact on their daily job performance, stress levels and well-being.

# Medical Advocacy Can Assist With Insurance As Well:

Additional examples for utilization of medical advocacy services may include helping employees handle various items with their insurance company. For example, an employee may be informed by their insurance company that a large medical expense, such as a new insulin pump is not covered. This kind of news can be overwhelming for individuals, as they may be strapped with a large bill which will cause stress that can very easily creep into their job performance. But, the employee can contact the medical advocate for assistance.

Medical Advocacy Service coordinates communication and resolves issues that save employees aggravation and money! Often the problems that the employees/clients are dealing with are a result of lack of communication between providers/insurance companies/patient.

### **Additional Support:**

The role of the Medical Advocate is more than just navigating the complicated system of insurance and healthcare, but also listening to and supporting the employee who reached out for help.

Individuals may feel like they are falling into a great abyss of medical terminology, insurance forms, red tape and possibly the inadequacy of the provider's communications. But, our Medical Advocacy Service works on resolving those communication problems. First by determining who the key parties are and then coordinating conversations and conveying information.

### WEBSITE: www.lytleeap.com

• Click on the Member Portal & App in the upper right corner.

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